FALL 2026 CALENDAR

from September 14 to December 18

	Monday	Tuesday	Wednesday	Thursday	Friday
September	14	15 **9:30a.m. Baby Cooking**	16	17 **9:30a.m. Parent-Baby** Stroller club	18
	21	22 **9:30a.m. Community coffee chat**	23	24 **9:30a.m. Parent-Baby** Sign language	25 **1:15p.m. Breastfeeding drop-in at ACHIM**
	28	29 **9:30a.m. Community coffee chat**	30 **10:00a.m. Babywearing clinic**	1 **9:30a.m. Parent-Baby** Story time	2 **9:30a.m. Parent-child Cooking**
October	5	6 **9:30a.m. Community coffee chat**	7 **1:30p.m. Conference** Childhood illnesses with CLSC	8 **9:30a.m. Parent-Baby** Play with baby	9
	12 **Closed**	13 **9:30a.m. Community coffee chat**	14	15 **9:30a.m. Parent-Baby** Motor development **5:00p.m. Dad time Cooking activity**	16
	19	20 **9:30a.m. Baby Cooking**	21	22 **9:30a.m. Parent-Baby** Halloween activity **5:00p.m. Dad time Cooking activity**	23 **1:15p.m. Breastfeeding drop-in at ACHIM**
	26	27 **9:30a.m. Community coffee chat**	28	29 **9:30a.m. Parent-Baby** Babywearing workshop **2:00p.m. Babywearing clinic**	30 **9:30 Parent-child Halloween**
November	2	3 **9:30a.m. Community coffee chat**	4 **1:30 p.m. Conference** Baby-led weaning (BLW)	5 **9:30a.m. Parent-Baby** Music with Tre Punti	6
	9	10 **9:30a.m. Community coffee chat** **10:00a.m. to 11:30a.m. Community kitchen (First meeting)**	11	12 **9:30a.m. Parent-Baby** All about baby sleep	13
	16 **Early Childhood Week**	17 **9:30a.m. to 3:00p.m. Community kitchen (Second meeting)** **1:30 p.m. Conference on Choice of daycare**	18	19 **9:30a.m. Parent-Baby** Painting in diaper	20 **Insectarium outing**
December	23	24 **5:30 p.m. Seminar Information on Starting Kindergarten**	25 **10:00a.m. Babywearing clinic**	26 **9:30a.m. Parent-** BabyChat & coffee **5:00p.m. Dad time Cooking activity**	27 **9:30a.m. Parent-child Cooking** **1:15p.m. Breastfeeding drop-in at ACHIM**
	30	1	2 **1:30p.m. Conference** Traveling with a baby	3 **5:00p.m. Dad time Cooking activity**	**December 18*** **1:15p.m. Breastfeeding drop-in at ACHIM**

STATION FAMILLES

Information and special activities

Apple outing
September 19,
between 9:00 p.m. and 3:00 p.m.

Early Childhood Week
From November 16 to 23
Details to come

Outing to Insectarium
November 20,
between 9:00 p.m. and 4:30 p.m.

Neighborhood Winter Bazaar
October 24

Candy distribution with SDC Monk
October 30

Christmas party
December 12,
between 1:00 p.m. and 4:00 p.m.

Description of activities

Activities for parents

- **Community coffee chat:** Group of parents of children aged 1 to 5 years with the aim of promoting the enrichment of their parental experience.
- **Breastfeeding:** Support meetings for all parents.

  VIP: Individual meetings with a counselor on request.
- **Community kitchen :** An activity for parents where, during the first meeting, we choose a recipe, and at the next session, we prepare it together and take our dishes home.

  Conference : Information meeting on a specific topic to inform parents and answer their questions.

  Babywearing clinic : A certified babywearing instructor and skin-to-skin consultant will be there to help you choose and properly adjust your baby carrier or wrap.

Activities for children

- Drop-in daycare: Drop-in daycare service for children from 0 to 5 years old.

Family activities

- **Parent-baby**: Parent-baby dyads from 3 to 12 months with the aim of promoting the enrichment of the parental experience, increasing the well-being of the parent and promoting parent-baby attachment.
- **Baby Cooking**: A cooking workshop with and for babies. Together, we cook, and you leave with your dishes.
- **Parent-child activities**: Parent-child workshops allowing you to share a special moment with your child around themes such as the cooking workshop.
- **For dad:** Group cooking between dads and children.

- Activités spécialement adaptées pour les personnes en cours de francisation
- Activities specially adapted for people in the process of francization
- Actividades especialmente adaptadas para personas en proceso de francización
- फ़्रैंचाइज़ेशन की प्रक्रिया में लोगों के लिए विशेष रूप से अनुकूलित गतिविधियाँ

For more information about our activities, feel free to visit our website and follow us on social media

All registrations are done through Amilia. Please don't hesitate to contact us if you encounter any issues during your registration.

Last updated: August 25