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## DROP-IN DAYCARE



## What to bring to the daycare

It is important to bring everything your child needs according to their age, health status, mood, temperature, etc...

- Diapers (at least 2)
- Wet wipes
- Change of clothes (1 or 2 sets)
- A bottle of milk
- A pacifier
- A comfortable pair of shoes
- A transitional object (teddy bear, blanket...)

Please avoid bringing toys from home. If it happens, the toys will be placed in the child's bag upon arrival.

Children go outside during daycare hours, so it is essential to dress your child according to the season.

- Summer: hat, swimsuit, sunscreen.
- Fall/Spring: hat, windbreaker coat, rain boots.
- Winter: snowsuit, mittens, hat, scarf, boots.

 **Don't forget to label all of your child's belongings**

## Little tips so that everything goes smoothly

- During the first few days, spend some time with your child and their educator to facilitate the adaptation.
- During the adaptation period, allow your child to bring their favorite blanket, a toy they love, or a photo of you. These items will provide comfort in your absence.
- Before leaving, take the time to explain to your child that you will be back. Tell them confidently and reassuringly, without sadness or anxiety.
- Establish daily rituals. For example, give your child three kisses and wave goodbye when leaving. This will help the child better anticipate your departure.
- Once you have said goodbye, leave without delay. Hesitation can cause confusion in your child's mind.
- Accept emotional displays from your child - such as crying or pretending to ignore you - at the time of your departure. Stay calm if the child is scared or angry. Acknowledge their fears so that they know it's normal to feel such emotions.
- Speak positively about the daycare service and the people who work there before your child starts attending. Your child's attitude is likely to reflect your confidence and enthusiasm.
- If you feel anxious, don't hesitate to call or ask the educator how your child is doing. However, avoid going back and forth to the room where your child is being taken care of so that your child does not experience a second separation.

# What is the drop-in daycare center of Station Familles ?

The purpose of the Halte-garderie is to:

- Allow parents to participate in Station Familles activities without their child.
- Stimulate child development (e.g. socialization, motor skills, language).
- Provide respite for parents to rest, attend appointments, etc.

The daycare provides a range of activities designed to support the child's development across all dimensions through play.

The educators team ensures that the child has fun, feels safe and respected, and has positive experiences while in their care.

To promote the child's well-being and harmonious development, various means are put in place such as :

- routines that promote safety,
- songs and stories,
- educational toys and games,
- areas for creative and autonomous play,
- directed educational activities,
- outdoor activities,
- artistic and creative activities,
- physical activities,
- and activities that introduce them to literacy and writing.

## The team

The daycare team consists of professionally trained educators, educators pursuing their internship as well as educational assistants. The staff members participate in monthly team meetings, attend training sessions, and are supervised by one of our social counselors.

## Our standards

Station Familles a adopté des normes d'hygiène, de sécurité et de qualité respectant les exigences du Ministère de la famille. Également, dans le but de protéger les enfants et favoriser la santé, l'organisme s'est doté d'un protocole en cas de maladie ou d'infection. Vous pourrez consulter ce protocole sur le site internet de l'organisme ou en format papier auprès de la responsable de la halte.

## Schedule

Days at the drop-in daycare are divided into two blocks:

Morning from 9:00 am to 11:30 am  
Afternoon from 1:00 pm to 3:30 pm

You must let the responsible person know before 8:30 am in the morning or 12:00 pm in the afternoon in case of absence or delay before the designated period. In the case of an unexcused absence, you will be required to pay the daycare fees. Please note that changes in the schedule may occur depending on the special activities planned by the organization.

## Snacks

Healthy snacks will be provided to your child during each period of care.

### CAUTION—ALLERGIES

For safety reasons, we may prohibit the presence of certain foods from outside, especially nuts and peanuts.

## How do I register?

In order to register your child in the daycare, you must first make an appointment with a social counselor to complete the member identification form, fill out the child identification form, and pay the annual fee of \$5. Membership fees are renewable annually in April. Then, based on your needs and available spaces, we will establish your child's daycare schedule.

If the daycare is full, we will take your contact information to put you on our waiting list. We will contact you as soon as a place becomes available for your child.

## Fees

The Station Familles's daycare services are offered at a low fee for residents of the neighborhood who are members of the organization.

The pricing for daycare periods varies between \$0 and \$5, and is established based on certain criteria following your registration.

## Welcoming and adaptation period

To facilitate your child's adaptation to the daycare, do not hesitate to communicate all relevant information regarding their likes, dislikes, fears, favorite activities, and any current issues you or your child may be facing. The better the educators know your child, the smoother their integration will be.

In order to help your child become familiar with the daycare, we invite you to visit Station Familles before their first day of care.

Additionally, an adaptation period will be planned during which the duration and number of daycare sessions will be determined based on your child's level of adaptation.

## A Winning Team

Parent-educator communication is essential for the well-being of the child. That's why in each room, you'll find communication tools that will keep you informed about how your child's daycare session went. You'll also be given a welcome notebook, created by each educator, which will outline their specific values and operating procedures.